

# Nurse workshop: Thursday 27th June 2024, 14:00 – 18:00

**Objectives:** To summarize current concepts of lower urinary tract dysfunction and management  
To define the role of the nurse to manage recurrent urinary tract infections  
Catheterization - indwelling and intermittent (IC, CIC) with hands-on training

**Chairpersons:** Helmut Madersbacher (Austria - INUS), Thai Nurse or Thai Doctor TBA, Dora Mair (RN, Austria - INUS)

**Faculty:** Chayaporn Chotiyarnwong (MD, Thailand)  
Chamaipron Dasakron (RN, Thailand)  
Lea Heller (RN, Switzerland - INUS)  
Nathananan Naranathanan (RN, Thailand)  
Patkawat Ramart (MD, Thailand)  
Sarah Baumann (RN, Switzerland - INUS)  
Thai (pediatric) nurse TBA

14:00 – 14:30	Current concepts of lower urinary tract dysfunction and management Lecture (20 min) and Discussion (10 min)	Patkawat Ramart
14:30 – 14:50	The role of the nurse to manage recurrent urinary tract infections Lecture (15 min) and Discussion (5 min)	Sarah Baumann / Lea Heller
14:50 – 15:30	Catheterization - indwelling and intermittent (IC, CIC) Lecture (30 min) and Discussion (10 min)	Dora Mair Chayaporn Chotiyarnwong Helmut Madersbacher
15:30 – 16:00	Coffee Break	
16:00 – 17:30	Hands-on training in groups Tutors: Sarah Baumann (RN), Chamaipron Dasakron (RN), Lea Heller (RN), Nathananan Naranathanan (RN), Dora Mair (RN), Thai (pediatric) nurse TBA	
17:30 – 18:00	General discussion	All faculty & participants

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## Hands-on training in three groups

Tutors: Sarah Baumann (RN)  
Chamaipron Dasakron (RN)  
Lea Heller (RN)  
Nathananan Naranathanan (RN)  
Dora Mair (RN)  
Thai (pediatric) nurse TBA

*Participants will receive this detailed program.*

<b>Station 1: IC and CIC in males 20 minutes</b>	<b>Station 2: IC and CIC in females 20 minutes</b>	<b>Station 3: Children 20 minutes</b>
Sarah Baumann - IC 10 min Chamaipron Dasakron - CIC 10 min	Lea Heller - IC 10 min Nathananan Naranathanan - CIC 10 min	Dora Mair - IC 10 min Pediatric Nurse - CIC 10
<ul style="list-style-type: none"><li>• Suitable catheters for men and explain why they are suitable (different tips)</li><li>• Brochures for intermittent catheterisation from EAUN</li><li>• Assessment before teaching IC and CIC</li><li>• Trick and tips in difficult IC- and CIC-teaching in men (enlarged prostate, strictures)</li><li>• Catheterisation aids for men and their use</li></ul>	<ul style="list-style-type: none"><li>• Suitable catheters for females and why they are suitable</li><li>• Tricks and tips in teaching IC</li><li>• Special cases need special education</li><li>• Catheterisation aids and their use</li><li>• Training materials</li></ul>	<ul style="list-style-type: none"><li>• Suitable catheters for children and explain why they are suitable</li><li>• Useful aids for IC-/ CIC- teaching in children:<ul style="list-style-type: none"><li>○ Videos and brochures for intermittent catheterisation in children</li></ul></li><li>• Catheterisation aids and their use</li><li>• General Discussions</li></ul>